

PREMIUM ADD-ONS

Grilled Chicken Breast*	13.99
Rotisserie*	
Lemon Pepper*	
Honey Chipotle*	
Smokey Bacon*	7.99
Roasted Turkey	13.99
Premium Pepperoni	7.99
Seasoned Shrimp	17.99
Cooked & Seasoned Tofu	7.99
Hass Avocado	11.99

* Warm item

FLAVORFUL, UNIQUE DRESSINGS

CHOP5 SIGNATURES

- Chipotle Ranch (M) (GF)
- Ancho Chili Lime Ranch
- Honey Sriracha Ranch (M)
- Citrus Dijon Vinaigrette (V) (GF)
- Strawberry Balsamic Vinaigrette (V) (GF)
- Jalapeno Lime Vinaigrette (V) (GF)
- Lemon Poppy Seed Vinaigrette (V)
- Smokey & Spicy Honey Mustard (M) (GF)

CLASSIC

- Ranch (GF)
- Blue Cheese
- Caesar (GF)
- Honey Mustard (GF)
- Greek Feta Vinaigrette
- Sesame Ginger
- Italian
- Oil & Vinegar (V) (GF)
- Fat Free Raspberry Vinaigrette (V) (GF)

CHOP5 DRIZZLES

- Cholula Hot Sauce (M)
- Sriracha Sauce (M) (V) (GF)
- Buffalo Sauce (M) (V)
- Fresh Squeezed Lemon (V)
- Fresh Squeezed Lime (V)
- BBQ Sauce (V)
- Honey Chipotle Drizzle (M) (V)
- Spicy Teriyaki Glaze (M) (V)
- Curry Sauce (V) (GF)
- Peanut Sauce
- Pesto (V) (GF)

(M) Spicy (GF) Gluten Friendly (V) Vegan

Dressing samples available upon request.

HOW TO ORDER

WE PRIDE OURSELVES ON PROVIDING YOU WITH AN EXCELLENT CATERING EXPERIENCE.

We will help you:

- *By confirming your order with a call.
- *Determine what you need for your group.
- *Provide all plates, cups, napkins & utensils.
- *Be on time.
- *Set up your order for you.
- *Entice you with fresh ingredients.
- *Provide you with excellent service.

Please visit our website to get started on your catering order at www.CHOP5.com/catering or email us at polariscatering@CHOP5.com

Kindly provide us with 24 hours notice.



2044 Polaris Parkway
Columbus, Ohio 43240
Phone: 614-785-6785



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CHOP5
SALAD KITCHEN

EAT WITH NO REGRETS



CATERING MENU

SIGNATURE SALADS* /WRAPS

ANTIPASTO CHOP 58.99

Romaine, Pepperoni, Garbanzo Beans, Diced Roma Tomatoes, Black Olives, Cucumbers, Grated Parmesan
Dressing: Italian & Pesto Drizzle

GF AVOCADO CALI CHOP 58.99

Spring Mix/Red Cabbage, Hass Avocado, Shredded Carrots, Diced Roma Tomatoes, Blue Cheese Crumbles
Dressing: Strawberry Balsamic Vinaigrette

KALE BACON CAESAR CHOP 58.99

Kale/Romaine, Smokey Bacon, Grated Parmesan, Fresh Lemon, Sunflower Seeds
Dressing: Caesar

GF ASIAN CHOP 56.99

Romaine/Napa Cabbage/Red Cabbage, Green Onions, Shredded Carrots, Red Bell Pepper, Snow Peas, Chow Mein Noodles
Dressing: Sesame Ginger & Peanut Sauce Drizzle
 Add Rotisserie Chicken Breast 10.00

BF BUFFALO CHICKEN CHOP 66.99

Romaine/Red Cabbage, Honey Chipotle Chicken Breast, Smokey Bacon, Red Onions, Celery, Banana Peppers, Croutons
Dressing: Ranch & Buffalo Sauce

BF SOUTHWEST CHIPOTLE CHOP 66.99

Romaine, Honey Chipotle Chicken Breast, Black Beans, Red Onions, Corn, Diced Roma Tomatoes, Tortilla Strips
Dressing: Chipotle Ranch

V KALE QUINOA CHOP 56.99

Kale/Spring Mix, Quinoa, Cucumbers, Red Onions, Diced Roma Tomatoes, Red Peppers, Garbanzo Beans, Shredded Carrots
Dressing: Jalapeno Lime Vinaigrette

COBB CHOP 68.99

Romaine, Roasted Turkey, Smokey Bacon, Hardboiled Egg, Diced Roma Tomatoes, Blue Cheese Crumbles, Croutons
Dressing: Blue Cheese

GREEK CHOP 68.99

Romaine, Rotisserie Chicken Breast, Cucumbers, Red Onions, Kalamata Olives, Diced Roma Tomatoes, Feta Cheese Crumbles.
Dressing: Greek Feta Vinaigrette

BBQ CHICKEN CHOP 58.99

Romaine, Rotisserie Chicken Breast, Corn, Black Beans, Green Onions, Celery, Tortilla Strips
Dressing: Ranch & BBQ Sauce

BF BACON BLUE CHEESE CHOP 58.99

Romaine/Red Cabbage, Smokey Bacon, Diced Roma Tomatoes, Blue Cheese Crumbles
Dressing: Smokey & Spicy Honey Mustard & Honey Chipotle Drizzle

GF CAESAR CHOP 56.99

Romaine, Diced Roma Tomatoes, Grated Parmesan Cheese, Fresh Squeezed Lemon, Croutons, Cracked Black Pepper
Dressing: Caesar
 Add Lemon Pepper Chicken Breast 10.00

Spicy Gluten Friendly Vegan

*Dressing & warm proteins served on the side for salads.

SIGNATURE CRAVE-A-BOWL WRAPS

BF SPICY TERIYAKI CHICKEN BOWL 58.99

Cilantro Brown Rice, Napa Cabbage, Honey Chipotle Chicken Breast, Steamed Shredded Carrots, Green Onions, Broccoli Florets, Snow Peas & Edamame
Dressing: Sesame Ginger & Spicy Teriyaki Glaze

CURRY CHICKEN BOWL 58.99

Cilantro Brown Rice, Red Cabbage, Rotisserie Chicken Breast, Steamed Broccoli Florets, Shredded Carrots, Edamame & Garbanzo Beans
Dressing: Curry Drizzle

BF MEXICAN BOWL 58.99

Cilantro Brown Rice, Black Beans, Honey Chipotle Chicken Breast, Green Onions, Corn, Fresh Squeezed Lime, Cheddar Cheese, Pico De Gallo
Dressing: Chipotle Ranch & Cholula Hot Sauce Drizzle
 Add Hass Avocado 10.00

V QUINOA VEGGIE BOWL 56.99

Romaine, Black Beans, Quinoa, Hass Avocado, Cucumber, Red Onions, Diced Roma Tomatoes, Shredded Carrots
Dressing: Citrus Dijon Vinaigrette

MEDITERRANEAN BOWL 68.99

Cilantro Brown Rice, Spinach, Lemon Pepper Chicken Breast, Cucumbers, Red Onions, Diced Roma Tomatoes, Kalamata Olives, Feta Cheese Crumbles
Dressing: Greek Feta Vinaigrette

*Steamed veggies available upon request.

Spicy Gluten Friendly Vegan

BEVERAGES/MORE

GALLON DRINKS

Unsweetened Tea 8.00
 Organic Lemonade 11.00

INDIVIDUAL BOTTLED DRINKS

Bottled Sodas (0-240 cal.) 2.29
 Sanpellegrino (120-140 cal.) 2.29
 Fiji Water (0 cal.) 2.29
 Bottled Tea (0 cal.) 2.79

COOKIES

8 Chocolate Chip 9.99

ADDITIONAL ITEMS

Additional Ingredients 4.99
 Additional Dressing (8 oz.) 3.29

DELIVERY

Delivery (15 miles) 15.00
 (Minimum order amount \$65)

BUILD YOUR OWN SALAD/WRAP

\$54.99

1 CHOOSE GREENS FOR YOUR SALAD

Romaine	CHOP5 Blend (Romaine, Spring Mix, Napa Cabbage)
Napa Cabbage	Red Cabbage
Kale	Spinach
Spring Mix	

-OR- CHOOSE A BASE FOR A WRAP

Romaine	CHOP5 Blend (Romaine, Spring Mix, Napa Cabbage)	Cilantro Brown Rice
Napa Cabbage	Red Cabbage	Black Beans
Kale	Spinach	
Spring Mix		

2 CHOOSE 5 INGREDIENTS

PRODUCE

Celery
 Shredded Carrots
 Bean Sprouts
 Cucumbers
 Green Onions
 Corn
 Red Onions
 Fresh Red Peppers
 Fresh Mushrooms
 Radish
 Diced Roma Tomatoes
 Black Beans
 Broccoli Florets
 Jalapeno Peppers
 Banana Peppers
 Garbanzo Beans
 Edamame
 Kalamata Olives
 Black Olives
 Pico de Gallo
 Snow Peas

FRUITS/GRAINS

Apples
 Mandarin Oranges
 Strawberries
 Dried Cranberries
 Quinoa

CHEESE/DAIRY

Blue Cheese
 Crumbles
 Shredded Cheddar
 Feta Cheese
 Crumbles
 Grated Parmesan
 Hardboiled Eggs

NUTS/CRUNCHES

Sunflower Seeds
 Sliced Almonds
 Tortilla Strips
 Croutons
 Chow Mein
 Noodles

3 CHOOSE PREMIUM ADD-ONS (OPTIONAL)

4 CHOOSE FLAVORFUL, UNIQUE DRESSINGS

(See reverse side for add-ons and dressings)